

# Wiscasset Parks & Recreation

## Softball Clinics at WMHS

Ages 10 - 18

Saturday's

Feb. 20th - March 26th

9:00 am - 12:00 noon



Wiscasset Parks and Recreation is offering a 6 week softball clinic to enhance the overall play of our girls (Recreation, Junior High & High School Athletes) moving forward into the upcoming spring season. Former WHS Coach, Claire Daniels-Smith will be the instructor for this pre-season opportunity.

Pitching: Throwing techniques, learning how to throw different pitches

Catching: Catching techniques, positioning behind the plate, throwing to the bases, calling pitches

Fielding: Learning how to properly field, catch and throw from multiple positions in the field of play.

Batting: Learning a proper stance at the plate, how to bunt, slap bunt and proper swing of the bat.

**Cost per Athlete:**

\$75.00

**Register online at [www.wiscassetrec.com](http://www.wiscassetrec.com) or call 882-8230**