

WISCASSET COMMUNITY CENTER

Gym Schedule January 1 - January 31, 2011

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 am - 5:30 am Open Gym	5:00 am - 2:45 pm Open Gym	5:00 am - 6:00 am Kickboxing/Cross	5:00 am - 11:00 am Open Gym	5:00 am - 5:30 am Open Gym	CLOSED	Rentals Available Prior To Regular Hours of Operation Inquire at the FRONT DESK!
5:30 am - 6:30 am Aerobics		6:00 am - 2:45 pm Open Gym		5:30 am - 6:30 am Aerobics		
6:30 am - 11:00 am Open Gym			6:30 am - 2:45 pm Open Gym	9:00 am - 2:00 pm YBB Games		
11:00 am - 12:00 pm Senior Walking					11:00 am - 12:00 pm Senior Walking	
12:00 pm - 2:45 pm Open Gym		12:00 pm - 2:45 pm Open Gym				
2:45 pm - 5:30 pm ASA - 1/2 Gym Open- 1/2 Gym	2:45 pm - 4:00 pm ASA - 1/2 Gym Open- 1/2 Gym	2:45 pm - 5:30 pm ASA - 1/2 Gym Open- 1/2 Gym	2:45 pm - 5:30 pm ASA - 1/2 Gym Open- 1/2 Gym	2:45 pm - 5:30 pm ASA - 1/2 Gym Open- 1/2 Gym	2:00 pm - 4:00pm Open Gym	1:00 pm - 5:00 pm Open Gym
6:00 pm - 7:00 pm Weight Loss Challenge	4:00 pm - 7:30 pm Gymnastics	5:45 pm - 7:00 pm Aerobics	5:30 pm - 6:30 pm ZUMBA 1/2 GYM	6:00 pm - 7:00 pm Kickboxing/Cross	CLOSED	CLOSED
7:00 pm - 8:00 pm YBB Practice			5:30 pm - 7:30 pm YBB Practice	7:00 pm - 8:00 pm YBB Practice		
8:00 pm - 9:00 pm Open Gym	7:30 pm - 9:00 pm Open Gym	7:00 pm - 8:00 pm YBB Practice	7:30 pm - 9:00 pm Men's Pick-Up Basketball	CLOSED	Rentals Available After Regular Hours of Operation Inquire at the FRONT DESK!	Rentals Available After Regular Hours of Operation Inquire at the FRONT DESK!
	8:00 pm - 9:00 pm Open Gym					

Please watch for gym closures and schedule updates - SUBJECT TO CHANGE

Building Closed:
January 1st

Schedule Changes:

January 16th - Teen Dance - Gym Closing at 6:00 pm

WINTER HOURS

(effective through May 28, 2012)

Monday - Thursday	5:00am - 9:00pm
Friday	5:00am - 8:00pm
Saturday	8:00am - 4:00pm
Sunday	1:00pm - 5:00pm