

Monthly Planner for February

Monday 2/1

- 8:00am to 11:30am Crafty Friends.
- 11:00am to noon. Walking in the gym.
- **Lunch** (See Menu on page 4) Celebration of all February birthdays.

Tuesday 2/2 Groundhog Day

- 9:30am to noon - Cribbage



Wednesday 2/3

- **Community Dinner** (See Menu on page 4) Celebration of all February birthdays.
- 6:30pm Bingo

Thursday 2/4

- 11:00am to noon. Walking in the gym.
- **Lunch** (See Menu on page 4)
- 12:30pm Bingo.
- 6:00pm Cribbage.

Friday 2/5

- 9:30am Crafty Friends.

Sunday 2/7 Super Sunday



Monday 2/8

- 8:00am to 11:30am Crafty Friends.
- 11:00am to noon. Walking in the gym.
- **Lunch** (See Menu on page 4)

Tuesday 2/9

- 9:30am to noon – Cribbage

Wednesday 2/10

- **Community Dinner** (See Menu on page 4)
- 6:30pm Trivia Night an all generation trivia event

Thursday 2/11

- 11:00am to noon. Walking in the gym.
- **Lunch** (See Menu on page 4)
- 12:30pm Bingo.
- 6:00pm Cribbage.

Friday 2/12

- 9:30am Crafty Friends.

Saturday 2/13 Town of Pownalborough celebration of incorporation

- 10:00am to noon – Cribbage Tournament
- 5:00pm to 7:00pm – Spaghetti Dinner
- 5:30pm - Fireworks
- 7:00pm to 9:00pm – Sock Hop



Sunday 2/14 Valentine's Day & Daytona 500!

Monday 2/15 Presidents' Day

- 8:00am to 11:30am Crafty Friends.
- 11:00am to noon. Walking in the gym.
- **Lunch** (See Menu on page 4)
- After lunch – Trustee Meeting
- *Donations to St Philip's Food Pantry will be accepted today.*

Tuesday 2/16

- 9:30am to noon – Cribbage

Wednesday 2/17 Ash Wednesday

- **Community Dinner** (See Menu on page 4)
- 6:30pm Cards, Games and Conversation
- *Donations to St Philip's Food Pantry will be accepted today.*

Thursday 2/18

- 11:00am to noon. Walking in the gym.
- **Lunch** (See Menu on page 4)
- 12:30pm Bingo.
- *Donations to St Philip's Food Pantry will be accepted today.*
- 6:00pm Cribbage.

Friday 2/19

- 9:30am Crafty Friends.

Monday 2/22

- 8:00am to 11:30am Crafty Friends.
- 11:00am to noon. Walking in the gym.
- **Lunch** (See Menu on page 4)

Tuesday 2/23

- 9:30am to noon – Cribbage

Wednesday 2/24

- **Community Dinner** (See Menu on page 4)
- 6:30pm Cards, Games and Conversation

Thursday 2/25

- 11:00am to noon. Walking in the gym.
- **Lunch** (See Menu on page 4)
- 12:30pm Bingo.
- 6:00pm Cribbage.

Friday 2/26

- 9:30am Crafty Friends.

Events

(All events are subject to change. Please check the local newspapers or at the Senior Center for changes and new events!)



Wiscasset Senior Center Newsletter

February 2010

Activities & Notes

Mon February 1 – Birthdays

All February Birthdays will be recognized for the Lunch crowd.

Wed February 3 – Birthdays & Bingo

All February Birthdays will be recognized for the Dinner crowd. Bingo right after dinner.

Wed February 10 – Trivia Night an all generation trivia event

Warren Cossette and his students from the Middle School will be here Wednesday evening the 10th, at 6:30pm to host Trivia Night an all generation trivia event. He will bring the materials, questions and prizes. They are hoping to have a nice mix of seniors, students and the general public to attend and participate

Sat February 13 – Town of Pownalborough celebration of incorporation

Town of Pownalborough winter celebrations of incorporation. Various indoor and outdoor activities involving Wiscasset, Alna, and Dresden: winter carnival, dinner, dance, snowshoe race, snowman contest, fireworks, etc. primarily in Wiscasset.

Events in Wiscasset:

- Reading of Proclamation
- 10:00am to noon Cribbage Tournament at the Senior Center.
- 5:30pm Fireworks –On land between Community Center and High School
- 5:00pm to 7:00pm Spaghetti Dinner at the Senior Center
- 7:00pm to 9:00pm Sock Hop in the gym at the Community Center



Mon February 15, Wed February 17, & Thurs February 18 Food, other items and cash will be collected for St Philip's Food Pantry

All collected items will be taken to the Food Pantry on Thursday afternoon.

“Walking in the Gym” Mon & Thurs

11:00am to noon the Community Center gym will be open to all seniors free of charge.

Cribbage - Tuesday & Thursday

Every Tuesday morning and Thursday evening except as noted.

Crafty Friends – Mon 8 to 11:30 & Fri 9:30 to 11:30

All kinds of crafts welcome. Lessons on occasion. Help and advice always available.

Wiscasset Library – Thurs 11:30 to Noon

The librarian will be present with a select number of books. Specific books etc may be available. Call the library ahead of time and if the item is available, the librarian will bring it on Thursday.

250 Years Old on Saturday 2/13!

Lincoln County and the Town of Wiscasset will celebrate their 250th anniversary in 2010. The first of the celebrations will be on Sat 2/13, which is the actual day of the founding of the Town and County. Various activities will be held including Fireworks. Please check at the Center for the latest schedule.

Cribbage Tournament – Sat 2/13 from 10:00am to noon in the Senior Center dining room. All are welcome. Please sign in no later than 9:45am.

Fireworks – Sat 2/13 at 5:30pm. The fireworks will be set off on the land between the Community Center Building and the High School. They will be viewable from the Community Center grounds and the High School grounds.

Spaghetti Dinner – Sat 2/13 – serving from 5:00pm to 7:00pm in the Senior Center dining room. \$5 per person, \$3 children under 12 years of age, \$15 for families.



Sock Hop – Sat 2/13 – from 7:00pm to 9:00pm, Cost per Family: \$5 in advance & \$8 at the door. Music provided by Michael McDonald of Sketch Entertainment.

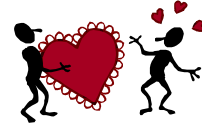


Antique Road Show Coming in March

The Wednesday evening Antiques Road Show will be held again on March 10, 2010. This is the second Wednesday of the month so mark your calendars and start looking around your house for items to bring.

John Bottero, licensed auctioneer and Vice President of Thomaston Place Auction Galleries, will once more host the Antiques Road Show. John is very knowledgeable about the value and history of all kinds of antiques. He will give a verbal appraisal of each item but more importantly, he will spend several minutes explaining the background of the antique and the times in which it was produced. He is an excellent speaker and keeps the audience entertained.

This year is also the 250th anniversary of Lincoln County and Pownalborough/Wiscasset. If you have antiques that are specific to Lincoln County or that have some association with the County, please consider bringing them to the Road Show. It would be a great way to celebrate the 250th anniversary by seeing items that were a part of the era.



Items from 1/18/10 Trustee Meeting

* Attending Trustees were Doc Schilke, Larry Clark, Jane LaBreck, Keith Bridgham, Earl Dighton and Carolann Rines. Larry Roy and Peggy Simmons were absent. No one else attended.

* The Treasurer's reports were distributed and reviewed. A review of the budget showed that we are in a fairly good position. Revenue is at 42% and expenses at 45% with 50% of the fiscal year complete. We do not have the membership dues in yet.

* Housekeeping Committee report:

- Bob MacDonald is trying to get a part to fix the icemaker. The machine is old so may not be able to get the part. If that proves to be the case, we will look into getting a new machine.
- A motion was made and seconded to purchase blinds for the exterior doors in the dining room. The blinds should match the ones on the windows and cost under \$500. Vote was unanimous. Keith would like the blinds to go the full length of the door but this may not be possible because of fire regulations. Bob MacDonald is looking into this. If it turns out that the blinds cannot cover the panic bar then Keith recommends that we do not cover the bottom half. The bottom suffers the most abuse and would not last long.
- A suggestion has been received to have the lunch entrée on the roadside sign. It was felt that this would entail a lot of work to keep the sign current. Lunches are primarily for members whereas the dinner is geared toward including the community. It was felt that most people who would attend the lunch know what is being served. Therefore, we will not put the lunch entrée on the sign.

* Wii? Bonnie said that WCC is purchasing one. Trustees felt it would be good to have our own and would offer better control. Cost is reasonable. Benefits would be exercise and games like bowling. Hopefully could set up tournaments like the cribbage tournaments. Could have tournaments with Spectrum Generations. Motion made and seconded to have Keith look into the purchase of a Wii not to exceed \$500 total. Vote was unanimous.

* Next Regular Meeting: Monday, February 15, 2010 after lunch.

Snow? Canceled?

We will always try to serve the meal if possible. However, don't take a



chance if you feel the roads are not to your liking. If in doubt as to whether there will be a meal or not, call the Community Center. A decision on **Lunch** will be made by **10:00am** and a decision on **Dinner** will be made by **2:00pm**. Remember that the Community Center may delay opening in the morning to give time to clear the parking lots, so don't call too early.

This applies to Cribbage and all activities at the Senior Center. If the Community Center is open we will try to hold the activity if enough people are able to make it. Call the Community Center to find out if they are open. Feel free to stay home if the weather or roads are not to your liking. Don't take a chance with your safety.

Membership 2009-2010

1. Membership is for a year, July 1, 2009 through June 30, 2010, and is open to all.
2. Membership renewal fees are due July 1 and must be paid by July 31. Payment must be made at the front desk of the Community Center.
3. New memberships may be taken out at anytime for the current year at the yearly rate. There will be no pro-rating for partial year.
4. Within 4 weeks of payment of dues, a membership card or renewal sticker will be available from the Trustee Treasurer.

Classes of Membership:

1. **SCENTR \$15** - Member class for Wiscasset residents and other towns receiving resident rates at the Community Center (Westport Island).
2. **SCENTN \$20** - Member class for residents of towns not receiving resident rates at the Community Center.
3. **SSUPPORT \$21** - Member class for residents of any town who would like to have member rates for meals and most activities but do not meet the age restrictions for full membership. This class does not have voting rights.

Community Center Members

1. Senior Center Community Dinners are at the prevailing member rate.
2. Senior Center Lunches are at the standard non-member rate. Community Center members are urged to become SSUPPORT members.

Community Dinner Cashiers

February – Ellie and Ted Tracy

We need cashiers. We depend on volunteers. If you would like to be a cashier, see Doc to sign up for this job.

Thought for the Month

“Old age deprives the intelligent man only of qualities useless to wisdom.” -Joseph Joubert, essayist (1754-1824)

Wiscasset Senior Center Newsletter

February 2010

Menu for February 2010

Price: For WSC members 60 & over the suggested donation for Lunch is \$6 and \$8 for Dinner. For non-members 60 and older the suggested donation for Lunch is \$8 and \$10 for Dinner. For all other WSC members, the price of Lunch is \$6 and Dinner is \$8. For WCC members, the price of Lunch is \$8 and Dinner is \$8. For all others the price of Lunch is \$8 and Dinner is \$10. Special meals such as the Prime Rib dinner are priced higher and this price will be noted elsewhere. Children aged 10 years and under will be charged \$6 for Dinner with only ½ slice of prime rib on Prime Rib night.

Lunch: Served at noon.

Community Dinner: Social hour w hors d'ourves 4:30pm – 5:30pm. Dinner served at 5:30pm

Meal Reservations Please! Call 882-8230 at least TWO days in advance! Cancel reservation if unable to attend!

Notes: Notes: All meals are served with one slice of bread/roll/biscuit, margarine, salad dressing, 8 oz of low fat milk, 4 oz fruit juice, coffee, tea, and water. Also a sugar free dessert is available for each meal. Alternate entrées are available when requested due to taste or dietary reasons. This request should be made at least 2 hours before mealtime. Raw vegetable and/or cheese and whole grain cracker platters are also available at each meal. The menu is subject to change.

Format of menu: Entrée listed first. Indented items below entrée are the items normally served with the entrée. Last items not indented are dessert or items served separately. All items are available with each meal and are of sufficient quantity to serve each diner who has made a reservation.

Entrées are served cafeteria style. Margarine and water are placed on the tables. Other items are self-serve.

Monday Lunches

February 1st

Spaghetti w meatballs
Garlic bread
Spinach/Garden veg salad w croutons
Peaches
February birthdays cake

February 8th

Cheese soup w
Turkey club sandwich
Garden veg salad w croutons
Coleslaw
Pears
Almond cookies

February 15th

Broiled haddock sandwich w lettuce, tomato & cheese
Oven browned potatoes
Coleslaw
Waxed beans
Garden veg salad w croutons
Strawberry mousse

February 22nd

Tomato soup w
BLTs or Grilled cheese
Garden veg salad w croutons
Fruit salad
Rice pudding

Wednesday Dinners

February 3rd

Shrimp scampi or
Roasted Chicken
Rice Pilaf
Glazed carrots
Rolls
Garden Salad
Fruit salad
February birthdays cake

February 10th

Pot roast (Valentine Dinner)
Baked stuffed potatoes
Broccoli casserole
Garden veg salad w croutons
Rolls
Crème puffs



February 17th

Stuffed filet of sole
Rice pilaf w vegetables
Cauliflower w cheese
Garden veg salad w croutons
Rolls
Fruit cup
Strawberry cake

February 24th

Roast turkey
Mashed potato
Squash/turnip
Stuffing
Cranberry sauce
Garden veg salad w croutons
Berry squares

Thursday Lunches

February 4th

Chicken croquettes w gravy
Sweet potatoes
Green beans
Garden veg salad w croutons
Fruit salad
Ice cream sundaes



February 11th

Tuna casserole w garden vegetables
Garden veg salad w croutons
Rolls
Peaches
Tapioca pudding

February 18th

Chipped beef over toast
Peas/carrots
Garden veg salad w croutons
Corn bread
Apple crisp

February 25th

Tacos
Enchilada casserole
Spanish rice
Garden salad
Fruit salad
Lemon pudding

Please Read the Local Newspapers

Senior Center news appears weekly in the Wiscasset Newspaper and the Lincoln County News.

The Wiscasset Senior Center Newsletter is published monthly on or about the last Wednesday of the month for the next month. The Newsletter is available at all lunches and dinners as well as at the Community Center front desk.