

# WISCASSET COMMUNITY CENTER

*Gym Schedule August 30, 2010 - October 31, 2010*

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:00 am - 5:45 am Open Gym	5:00 am - 2:45 pm Open Gym	5:00 am - 5:45 am Open Gym	5:00 am - 11:00 am Open Gym	5:00 am - 2:45 pm Open Gym	8:00 am - 4:00 pm Open Gym	<b>Rentals Available Prior To Regular Hours Of Operation</b>	
5:45 am - 6:45 am Aerobics		5:45 am - 6:45 am Aerobics	11:00 am - 12:00 pm Senior Walking				
6:45 am - 11:00 am Open Gym		7:00 am - 2:45 pm Open Gym					12:00 pm - 2:45 pm Open Gym
11:00 am - 12:00 pm Senior Walking							12:00 pm - 2:45 pm Open Gym
12:00 pm - 2:45 pm Open Gym		2:45 pm - 4:00 pm ASA - 1/2 Gym  Open- 1/2 Gym	2:45 pm - 5:30 pm ASA - 1/2 Gym  Open- 1/2 Gym				2:45 pm - 5:30 pm ASA - 1/2 Gym  Open- 1/2 Gym
2:45 pm - 5:30 pm ASA - 1/2 Gym  Open- 1/2 Gym	5:45 pm - 7:30 pm Aerobics		5:30 pm - 7:00 pm Open Gym	5:30 pm - 8:00 pm Open Gym			
6:00 pm - 7:30 pm Hula Hoop Fitness	4:00 pm - 7:30 pm Gymnastics		7:00 pm - 9:00 pm 30 & Over Pick-up Basketball				
7:30 pm - 9:00 pm Open Gym	7:30 pm - 9:00 pm Open Gym	7:30 pm - 9:00 pm Open Gym			<b>SUBJECT TO CHANGE</b>  Please Call Ahead	<b>Rentals Available After Regular Hours Of Operation</b>	
<b>Please watch for gym closures and schedule updates. The gym will be closed or closing early:</b>							

Building Closed:  
September 4th, 5th & 6th (Labor Day Weekend)



Schedule may change based on the weather and the need for outdoor athletic camps facility requirements