

# WISCASSET COMMUNITY CENTER

*Gym Schedule May 20, 2010 - August 31, 2010*

| Monday  | Tuesday   | Wednesday   | Thursday   | Friday  | Saturday   | Sunday                     |                            |
|---|---|---|--|---|--|----------------------------|----------------------------|
| 5:00 am - 11:00 am<br>Open Gym  | 5:00 am - 2:45 pm<br>Open Gym                       | 5:00 am - 7:00 am<br>Open Gym                       | 5:00 am - 11:00 am<br>Open Gym                       | 5:00 am - 2:45 pm<br>Open Gym                       | 8:00 am - 12:00 pm<br>Open Gym   | <b>BUILDING<br/>CLOSED</b> |                            |
| 11:00 am - 12:00 pm<br>Senior Walking   |   | 7:00 am - 8:30 am<br>Late Start                     | 11:00 am - 12:00 pm<br>Senior Walking                |   |  |                            |                            |
| 12:00 pm - 2:45 pm<br>Open Gym  |   | 8:30 am - 2:45 pm<br>Open Gym                       | 12:00 pm - 2:45 pm<br>Open Gym                       |   |  |                            |                            |
| 2:45 pm - 5:30 pm<br>ASA - 1/2 Gym<br>Open- 1/2 Gym   | 2:45 pm - 4:00 pm<br>ASA - 1/2 Gym<br>Open- 1/2 Gym | 2:45 pm - 5:30 pm<br>ASA - 1/2 Gym<br>Open- 1/2 Gym | 2:45 pm - 5:30 pm<br>ASA - 1/2 Gym<br>Open- 1/2 Gym  | 2:45 pm - 5:30 pm<br>ASA - 1/2 Gym<br>Open- 1/2 Gym | <b>Rentals Available<br/>After Regular Hours<br/>Of Operation<br/>Inquire at the<br/>FRONT DESK!</b> |                            | <b>BUILDING<br/>CLOSED</b> |
| 6:30 pm - 7:30 pm<br>Hula Hoop<br>Fitness   | 6:30 pm - 7:30 pm<br>Zumba                          | 5:30 pm - 8:00 pm<br>Open Gym                       | 5:30 pm - 7:00 pm<br>Open Gym                        | 5:30 pm - 6:00 pm<br>Open Gym                       |  |                            |                            |
| 7:30 pm - 8:00 pm<br>Open Gym   | 7:30 pm - 8:00 pm<br>Open Gym                       |   | 7:00 pm - 8:00 pm<br>30 & Over Pick-up<br>Basketball |   | <b>SUBJECT TO<br/>CHANGE</b><br><br>Please Call<br>Ahead   |                            |                            |
| <b>Please watch for gym closures and schedule updates.<br/>The gym will be closed or closing early:</b> |   |   |  |   |  |                            |                            |

Building Closed:

SUNDAYS and May 29th, 30th & 31st(Memorial Day), July 3rd, 4th & 5th(4th of July), August 21st- 29th(Shut Down Week)

**June 16th will be the last day of the ASA Program**

Schedule may change based on the weather and the need for outdoor athletic camps facility requirements