



Wiscasset Senior Center Newsletter



July 2010

Monthly Planner for July

Thursday 7/1

- 11:00am to noon. Walking in the gym.
- **Lunch** (See Menu on page 4)
- 12:30pm Bingo.
- 6:00pm Cribbage.

Friday 7/2

- 9:30am Crafty Friends.

Sunday 7/4 Independence Day

Monday 7/5 Closed

Tuesday 7/6

- 9:30am to noon – Cribbage in gym

Wednesday 7/7

- **Community Dinner** (See Menu on page 4)
Celebration of all July birthdays.
- 6:30pm Bingo

Thursday 7/8

- 11:00am to noon. Walking in the gym.
- **Lunch** (See Menu on page 4)
- 12:30pm Bingo.
- 6:00pm Cribbage.

Friday 7/9

- 9:30am Crafty Friends.

Monday 7/12

- 8:00am to 11:30am Crafty Friends.
- 11:00am to noon. Walking in the gym.
- **Lunch** (See Menu on page 4) Celebration of all July birthdays.
- *Donations to St Philip's Food Pantry will be accepted today.*

Tuesday 7/13

- 9:30am to noon – Cribbage & Lunch

Wednesday 7/14

- **Community Dinner** (See Menu on page 4)
- 6:30pm Cards, Games and Conversation
- *Donations to St Philip's Food Pantry will be accepted today.*

Thursday 7/15

- 11:00am to noon. Walking in the gym.
- **Lunch** (See Menu on page 4)
- 12:30pm Bingo.
- *Donations to St Philip's Food Pantry will be accepted today.*
- 6:00pm Cribbage.



Friday 7/16

- 9:30am Crafty Friends.

Monday 7/19

- 8:00am to 11:30am Crafty Friends.
- 11:00am to noon. Walking in the gym.
- **Lunch** (See Menu on page 4)
- After lunch – Trustee Meeting

Tuesday 7/20

- 9:30am to noon – Cribbage

Wednesday 7/21

- **Community Dinner** (See Menu on page 4)
- 6:30pm Cards, Games and Conversation

Thursday 7/22

- 11:00am to noon. Walking in the gym.
- **Lunch** (See Menu on page 4)
- 12:30pm Bingo.
- 6:00pm Cribbage.

Friday 7/23

- 9:30am Crafty Friends.

Monday 7/26

- 8:00am to 11:30am Crafty Friends.
- 11:00am to noon. Walking in the gym.
- **Lunch** (See Menu on page 4)

Tuesday 7/27

- 9:30am to noon – Cribbage

Wednesday 7/28

- **Community Dinner** (See Menu on page 4)
- 6:30pm Cards, Games and Conversation

Thursday 7/29

- 11:00am to noon. Walking in the gym.
- **Lunch** (See Menu on page 4)
- 12:30pm Bingo.
- 6:00pm Cribbage.

Friday 7/30

- 9:30am Crafty Friends.

Events

(All events are subject to change. Please check the local newspapers or at the Senior Center for changes and new events!)

Activities & Notes

Wed July 7 – Birthdays & Bingo

All July Birthdays will be recognized for the Dinner crowd. Bingo after dinner.

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Mon July 12 – Birthdays

All July Birthdays will be recognized for the Lunch crowd.

Tues July 13 – Cribbage & Lunch

The Bath Senior Center will be joining us for Cribbage and lunch after the Tournament. Please sign up for the lunch so we have an idea of how many will be staying for lunch. If you plan to play in the Tournament, please try to be there by 9:15 at the latest.

Mon July 12, Wed July 14, & Thurs July 15 Food, other items and cash will be collected for St Philip's Food Pantry

All collected items will be taken to the Food Pantry on Thursday afternoon.

Thurs July 29 – Crab Rolls

On Thursday July 29, we will be serving Crab Rolls for lunch. *If you want a crab roll, you must sign up at Lunch on Thursday July 22 or Monday July 26. Please DO NOT call the front desk to sign up.* Those who do not sign up will get the alternative of Chicken Salad.

Friday July 30 – DiMillos Lunch Trip

We will be going by bus to DiMillos. The cost of lunch and the bus trip is included in the per person price of \$25. See the bulletin board or Sally for more info.

“Walking in the Gym” Mon & Thurs

11:00am to noon the Community Center gym will be open to all seniors free of charge.

Cribbage - Tuesday & Thursday

Every Tuesday morning and Thursday evening except as noted.

Crafty Friends – Mon 8 to 11:30 & Fri 9:30 to 11:30

All kinds of crafts welcome. Lessons on occasion. Help and advice always available.

Wiscasset Library – Thurs 11:30 to Noon

The librarian will be present with a select number of books.

Membership 2010-2011

1. Membership is for a year, July 1, 2010 through June 30, 2011, and is open to all.
2. Membership renewal fees are due July 1 and must be paid by July 31. Payment must be made at the front desk of the Community Center.
3. New memberships may be taken out at anytime for the current year at the yearly rate. There will be no pro-rating for partial year.
4. Within 4 weeks of payment of dues, a membership card or renewal sticker will be available from the Trustee Treasurer.

Classes of Membership:

1. **SCENTR \$15** - Member class for Wiscasset residents and other towns receiving resident rates at the Community Center (Westport Island).
 - a. Membership is open to all residents of Wiscasset and Westport Island who are 50

years old or older or whose spouse is 50 years old or older.

- b. Full voting rights.
2. **SCENTN \$20** – Member class for residents of towns not receiving resident rates at the Community Center.
 - a. Membership is open to all residents of towns other than Wiscasset and Westport Island who are 50 years old or older or whose spouse is 50 years old or older.
 - b. Full voting rights.
3. **SSUPPORT \$21** – Member class for residents of any town who would like to have member rates for meals and most activities but do not meet the age restrictions for full membership. This class does not have voting rights.
 - a. Membership is open to all residents of any town who are not 50 years old or older and whose spouse is not 50 years old or older.

Community Center Members

1. Senior Center Community Dinners are at the prevailing member rate.
2. Senior Center Lunches are at the standard non-member rate. Community Center members are urged to become SSUPPORT members.

Wiscasset Senior Center Budget passes Town vote.

The taxpayers of Wiscasset approved the Senior Center budget for the fiscal year 2010/2011. The vote was: YES 592, NO 377.

06/21/10 Special Trustee Meeting Notes

Attending Trustees were Doc Schilke, Larry Clark, Jane LaBreck, Keith Bridgman, Earl Dighton, Dick Grondin, Newt Blakesley and Peggy Simmons. Patty Bridgman, Larry Roy and Sally Sherman did not attend the meeting.

This special meeting was called to review the election and to elect officers for the next fiscal year. All new Trustees were asked to stay for regular meeting to follow. Any 2-person teams were encouraged to attend together. The election results were:

Larry Roy/Dick Grondin received 43 votes
Patty Bridgman received 35 votes
Jane LaBreck 29 votes
Newt Blakesley 28 votes
Cam Johnson 27 votes
Carolann Rines 17 votes
Kristin Watson 15 votes
Election of Officers for 2010/2011.

Doc Schilke – Chairman
Larry Clark – Treasurer
Jane LaBreck – Secretary

As per the bylaws of the Senior Center of Wiscasset, Inc, the officers and Trustees of the Wiscasset Senior Center are the Officers and Directors of the Senior Center of Wiscasset, Inc for the 2010/2011 fiscal year.

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A question was raised concerning absentee voting. It is not allowed by our bylaws. In addition, it would be extremely difficult to handle with our present method of voting.

06/21/10 Trustee Meeting Notes

Attending Trustees were Doc Schilke, Larry Clark, Jane LaBreck, Keith Bridgham, Earl Dighton and Peggy Simmons. Carolann Rines and Larry Roy were absent. Dick Grondin, Rudy Rines and Todd Souza attended the meeting.

WCC's Representative's report: Todd reported the following:

8/21 Shutdown starts. Community Center will reopen on Monday 8/30. Cribbage will be held elsewhere. Hal Thayer is looking into using the Huntoon Hill Grange as we have done in the past.

Todd said that the WCC may be changing the open hours and asked if evenings, Saturday afternoons, or Sundays would affect us if changes were made. Outside of the current scheduled events, there would be no impact. *Individual WSC/WCC members who use the Community Center Facility early in the morning, late in the evening or on weekends should voice their opinions.*

Treasurer's report: Reports were distributed and reviewed. Finances look good as we approach the end of the fiscal year. Larry will keep an eye on things. If the balance remains good we will have Steve order any items he needs before the end of the year rather than waiting.

Membership Committee Report:

Doc was unable to get a report until after the meeting. As of 6/22 there were 27 resident members and 12 non-resident members for 2010/2011.

New Business:

1.) The WCC requested to move the music & children program from Friday mornings to Thursday mornings this fall. They will be finished by 10:30/11:00am for our Senior Lunch.

The Trustees approved this move. However, this generated a good deal of discussion regarding the Wiscasset Community & Senior Center Cooperative Agreement. The Cooperative Agreement developed and implemented by Wayne Applebee many years ago recognized that all of the Community Center was Town property. The WSC had an interest in the dining room/kitchen area and the WCC had an interest in the rest of the facility. If we worked together, we could more effectively use the entire space. To recognize the WSC interest in the dining

room/kitchen Wayne set up the procedure to review all WSC and WCC programs every 6 months. If the WSC had unused time slots the WCC could sign up for those slots for the next 6 months. If the WSC needed a time slot being used by the WCC the WSC could have that time slot back.

The WCC can no longer accept these conditions because it could affect revenue generating programs that have no other space or time to use. The WSC feels that once WCC uses a time slot it will be impossible to ever get that back for a WSC program, therefore limiting future WSC programming.

This continuing problem has no easy solution.

2.) Due to time constraints, the Trustees were not able to discuss fully the outcome from the May member meetings. However, the work done by Mattie Welch and Joan Grondin was reviewed. Mattie contacted many members who have not been coming to the meals. The insightful comments are very interesting and we need to devote a good deal of time at the next Trustee meeting to review the info and make appropriate changes and implement goals for the year.

3.) At the July Trustee meeting, Committee Chair appointments for the year will be made.

Next Regular Meeting: Monday, June 21, 2010 after lunch.

Note: After the Trustee meeting on 6/21, the Trustees received a letter of resignation from Patty Bridgham. Since this letter was received after the meeting on Monday, the Trustees will appoint a replacement at the next meeting in July. This is according to our By-laws. The replacement will serve until next June when elections will be held again. In the past, we have always gone with the next highest vote getter but it will not be finalized until our meeting in July.

Community Dinner Cashiers

July - ?

We need cashiers. We depend on volunteers. If you would like to be a cashier, see Doc to sign up for this job.

Thought for July

"If you sleep eight hours a night, that leaves about 350,000 waking minutes each year. Will you fill them with fluff? Or will you spend them on the pursuits and people that mean the most to you?" (Katy Read, AARP magazine July/August 2010)



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Menu for July 2010



Price: For WSC members 60 & over the suggested donation for Lunch is \$6 and \$8 for Dinner. For non-members 60 and older the suggested donation for Lunch is \$8 and \$10 for Dinner. For all other WSC members, the price of Lunch is \$6 and Dinner is \$8. For WCC members, the price of Lunch is \$8 and Dinner is \$8. For all others the price of Lunch is \$8 and Dinner is \$10. Special meals such as the Prime Rib dinner are priced higher and this price will be noted elsewhere. Children aged 10 years and under will be charged \$6 for Dinner with only ½ slice of prime rib on Prime Rib night.

Lunch: Served at noon.

Community Dinner: Social hour w hors d'ourves 4:30pm – 5:30pm. Dinner served at 5:30pm

Meal Reservations Please! Call 882-8230 at least TWO days in advance! Cancel reservation if unable to attend!

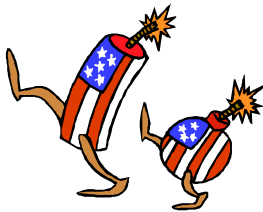
Notes: All meals are served with one slice of bread/roll/biscuit, margarine, salad dressing, 8 oz of low fat milk, 4 oz fruit juice, coffee, tea, and water. Also a sugar free dessert is available for each meal. Alternate entrées are available when requested due to taste or dietary reasons. This request should be made at least 2 hours before mealtime. Raw vegetable and/or cheese and whole grain cracker platters are also available at each meal. The menu is subject to change.

Format of menu: Entrée listed first. Indented items below entrée are the items normally served with the entrée. Last items not indented are dessert or items served separately. All items are available with each meal and are of sufficient quantity to serve each diner who has made a reservation.

Entrées are served cafeteria style. Margarine and water are placed on the tables. Other items are self-serve.

Monday Lunches

July 5th Closed



July 12th

Corn Chowder
Ham & Cheese Sandwich
Garden veg salad w croutons
Fruit Bowl
Birthday Cake

July 19th

Chicken & Broccoli Casserole
Garden veg salad w croutons
Ice Cream Sundaes

July 26th

Meatloaf
Au gratin Potatoes
Peas & Carrots
Garden veg salad w croutons
Fruit Bowl
Baked Custard

Wednesday Dinners



July 7th

Chicken Florentine (spinach & cheese)
Scalloped Potatoes
Fresh Carrots
Harvard Beets
Garden veg salad w croutons
Fruit Bowl
Birthday Cake

July 14th

Roast Turkey w gravy
Mashed Potatoes
Peas & Onions
Garden/vegetable salad
Fruit salad
Pistachio Pudding

July 21st

BBQ Ribs or Baked Haddock
Corn-on-the-cob
Potato Salad
Garden veg salad w croutons
Fruit Salad
Ice Cream Cake

July 28th

Chicken Parmesan w Pasta
Garden veg salad w croutons
Fresh Fruit Salad
Garlic Rolls
Lemon Pie

Thursday Lunches

July 1st

Sliced Turkey or BLT sandwiches
Garden veg salad w croutons
Fruit salad/Fresh fruit
Sugar Cookies

July 8th

Chopped Sirloin w mushroom gravy
Mashed potatoes
Corn
Garden veg salad w croutons
Hot Fudge Sundae

July 15th

Grilled Reuben
Cole Slaw
Fruit Salad
Garden veg salad w croutons
Grapenut Pudding

July 22nd

Stuffed Cabbage w hamburg & rice
Sauerkraut
Garden veg salad w croutons
Fruit
Tapioca Pudding

July 29th

Crab Roll (**must order – see note above**)
Or Chicken Salad Roll
Cole Slaw
Garden veg salad w croutons
Fruit Salad
Cookies

Please Read the Local Newspapers
Senior Center news appears weekly in the *Wiscasset Newspaper* and the *Lincoln County News*.
The *Wiscasset Senior Center Newsletter* is published monthly on or about the last Wednesday of the month for the next month. The Newsletter is available at all lunches and dinners as well as at the Community Center front desk.