

# WISCASSET COMMUNITY CENTER

*Gym Schedule February 1st - February 28th, 2019*

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 - 7:30 am Open Gym	5:30 - 6:30 am PiYO	5:00 - 7:30 am Open Gym	5:00 - 11:00 am Open Gym	5:30 - 6:30 am AM Mix	Closed	Closed
7:30 - 10:00 am Pickle Ball Pick-up	7:30 - 10a Beg/Inter Pickle Ball Pick-up	7:30 - 10:00 am Pickle Ball Pick-up		6:30 - 7:30 am Open Gym		
10:00 - 11:30 pm Open Gym	Open Gym	10:00 - 2:30 pm Open Gym	10:00 - 11:00 am Zumba Gold	9:00 - 1:00 pm Youth Basketball		
11:30 - 1:00 pm Recess Playgroup	11:00 - 12:00 pm Senior Walk		11:00 - 12:00 pm Senior Walk	11:00 - 2:30 pm Open Gym		
Open Gym	12:00 - 2:30 pm Open Gym		12:30 - 2:00 pm Recess Playgroup			
1/2 Open Gym	1/2 Open Gym	1/2 Open Gym	1/2 Open Gym	1/2 Open Gym	Open Gym	Sunday's Open Gym 1:00 - 4:00 pm
2:30 - 5:30 ASA 1/2 Gym	2:30 - 5:30 ASA 1/2 Gym	2:30 - 5:30 ASA 1/2 Gym	2:30 - 5:30 ASA 1/2 Gym	2:30 - 5:30 ASA 1/2 Gym		Adult Basketball League
6:30 - 8:00 Flex Fit 1/2 Gym	Core Conc. 1/2 Gym	6:30 - 8:00 Flex Fit 1/2 Gym	Core Conc 1/2 Gym	Open Gym 5:30 - 8:00 pm	Closed Rentals Available Inquire at the FRONT DESK!	
1/2 Open Gym	Open Gym	6:00 - 7:00 PiYO 1/2 Open Gym	Fitness Challenge 2019			
CLOSED	CLOSED	CLOSED	CLOSED	CLOSED		CLOSED

**Please watch for gym closures and schedule updates - All Gym times are SUBJECT TO CHANGE**

**Pickleball - Monday, Wednesday & Friday mornings from 7:30 - 10:00 am**

**Pickleball Pick-up for Beginners & Intermediates now on Tuesdays - Come in and better your game!**

**ASA 1/2 Gym times will depend on the weather.**

**Recess Playgroup ( Monday & Thursday)**

**Cheering practices Tues. 5:30 - 8:00 pm & Thurs. 5:30 - 7:00 pm**

**Adult Basketball League - 3 games every Sunday evening - Feb. 3rd (Games will be from 10:00 am - 1:45 pm)**

**Youth Basketball - schedules will vary on Saturdays**

**Fitness Classes offered in our gymnasium. See also the Fitness Class Schedule.**

**Fitness Challenge 2019 - Sign up for this weekly challenge!**

**February School Vacation Week - Feb. 19 - 22nd (All schedules subject to change)**

### WINTER HOURS

Monday - Friday      5:00 am - 8:00 pm

Saturday              8:00 am - 4:00 pm

Sunday                1:00 pm - 5:00 pm



