

WISCASSET COMMUNITY CENTER

Gym Schedule July 1st - July 31st, 2021

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<i>Gym Schedule July 1st - July 31st, 2021</i>							
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
Open Gym 5:00 - 7:30 am	Open Gym 5:00 - 5:30 am	Open Gym 5:00 - 7:30 am	5:00 - 5:30 am Open Gym	Open Gym 5:00 - 7:30 am	Closed	Closed	
Yoga w/ Tamara 7:45 - 9:00 am	PiYO! w/ Lorna 5:30 - 6:30 am	Yoga w/ Tamara 7:45 - 9:00 am	Morning Mix w/ Lorna 5:30 - 6:30 am	Yoga w/ Tamara 7:45 - 9:00 am			
Open Gym 9:15 - 4:15 pm	Pickleball 7:30 - 9:30 am	Open Gym 9:15 am - 5:45 pm	Pickleball 7:30 - 9:30 am	Zumba Gold (depending on weather) 10:00 - 11:00	Open Gym 7:00 - 2:00 pm	Closed	
	Open Gym 9:45 am - 8:30 pm		Open Gym 9:45 am - 5:15 pm	Open Gym 11:15 am - 5:45 pm			
	Karate 4:30 - 6:30 pm		Karate 5:30 - 7:00 pm	Karate 5:30 - 7:00 pm			Karate 5:30 - 7:00 pm
	Open Gym 6:30 - 8:00 pm		PiYO! w/ Lorna 6:00 - 7:00 pm	Cardio Kick 6:30 - 7:30 pm			Cedric's Challenge 6:00 - 7:00 pm
Closed	Closed	Closed	Closed	Closed	Closed	Closed	

Please watch for gym closures and schedule updates - SUBJECT TO CHANGE

Schedule Changes

****Friday, July 16th the gymnasium will be closed 8:00 am - 4:00 pm for an American Red Cross Blood Drive.****

Gym times subject to change due to summer camp. Call to confirm.

882-8230

