

WISCASSET COMMUNITY CENTER

Gym Schedule September 7th - September 30th, 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Gym 5:00 - 7:30 am	Open Gym 5:00 - 5:30 am	Open Gym 5:00 - 7:30 am	5:00 - 5:30 am Open Gym	Open Gym 5:00 - 7:30 am	Closed	Closed
Yoga w/ Tamara 7:45 - 9:00 am	PiYO! w/ Lorna 5:30 - 6:30 am	Yoga w/ Tamara 7:45 - 9:00 am	Morning Mix w/ Lorna 5:30 - 6:30 am	Yoga w/ Tamara 7:45 - 9:00 am		
Open Gym 9:15 - 4:15 pm	Pickleball 7:30 - 9:30 am	Open Gym 9:15 am - 5:45 pm	Pickleball 7:30 - 9:30 am	Zumba Gold (depending on weather) 10:00 - 11:00	PiYO! w/ Lorna 7:30 - 9:00 am	Closed
	Open Gym 9:45 am - 5:30 pm		Open Gym 9:45 am - 5:15 pm	Open Gym 11:15 am - 5:30 pm	Open Gym 9:00 - 2:00 pm	
Karate 4:30 - 6:30 pm	Private Rental 5:30 - 8:30	PiYO! w/ Lorna 6:00 - 7:00 pm	Karate 5:30 - 7:00 pm	Private Rental 5:30 - 8:30	Closed	Closed
Open Gym 6:30 - 8:00 pm		Cedric's Challenge 6:30 - 7:30 pm	Open Gym 7:30 - 8:00 pm			
Closed	Closed	Closed	Closed	Closed	Closed	Closed

Please watch for gym closures and schedule updates - SUBJECT TO CHANGE

Schedule Changes

Gym times subject to change. Call to confirm.

882-8230

