

WISCASSET COMMUNITY CENTER

Gym Schedule May 1st - May 31st, 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 - 7:30 am Open Gym	5:30 - 6:30 am PiYO	5:00 - 7:30 am Open Gym	5:00 - 11:00 am Open Gym	5:30 - 6:30 am AM Mix	Closed	Closed
7:30 - 10:00 am Pickle Ball Pick-up	7:30 - 10a Beg/Inter Pickle Ball Pick-up	7:30 - 10:00 am Pickle Ball Pick-up		6:30 - 7:30 am Open Gym		7:30 - 10:00 am Pickle Ball Pick-up
10:00 - 11:30 pm Open Gym	Open Gym	10:00 - 2:30 pm Open Gym	11:00 - 12:00 pm Senior Walk	10:00 - 11:00 am Zumba Gold	Open Gym 9:00 - 4:00 pm	Closed Rentals Available
11:30 - 1:00 pm Recess Playgroup	11:00 - 12:00 pm Senior Walk		12:30 - 2:00 pm Recess Playgroup	11:00 - 2:30 pm Open Gym		
Open Gym	12:00 - 2:30 pm Open Gym				Open Gym	Sunday's Open Gym 1:00 - 4:00 pm
1/2 Open Gym	2:30 - 5:30 ASA 1/2 Gym	Open 1/2 Gym	2:30 - 5:30 ASA 1/2 Gym	Open 1/2 Gym		2:30 - 5:30 ASA 1/2 Gym
Open	Core Conc. 1/2 Gym		Core Conc 1/2 Gym	Open Gym 5:30 - 8:00 pm	Closed Rentals Available Inquire at the FRONT DESK!	Closed
6:30 - 8:00 Flex Fit 1/2 Gym	Open Gym	6:30 - 8:00 Flex Fit 1/2 Gym	6:00 - 7:00 PiYO 1/2 Open Gym			
CLOSED	CLOSED	CLOSED	CLOSED	CLOSED		CLOSED

Please watch for gym closures and schedule updates - All Gym times are SUBJECT TO CHANGE

Pickleball - Monday, Wednesday & Friday mornings from 7:30 - 10:00 am

Pickleball Pick-up for Beginners & Intermediates now on Tuesdays - Come in and better your game!

ASA 1/2 Gym times will depend on the weather.

Recess Playgroup (Monday & Thursday)

Fitness Classes offered in our gymnasium. See also the Fitness Class Schedule.

SPRING / SUMMER HOURS**

Monday - Friday	5:00 am - 8:00 pm
Saturday	8:00 am - 4:00 pm
Sunday	1:00 pm - 5:00 pm

****Starting Memorial Day Weekend the WCC will be closing at 6pm on Friday's and CLOSED on the weekends until Shutdown Week (August)!**

